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Stars Robbie and Skarsgard say the old hero is up with the times. 18

Eyewear for the digital age. 22

Can new-look Knicks contend? 23

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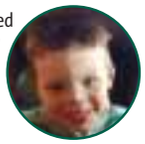
THE URBAN MENAGERIE

New Yorkers share their city with a host of exotic pets ranging from bearded dragons to tropical birds to large, and illegal, predators. 4

BESS ADLER

3 THINGS YOU NEED TO KNOW

FATHER OF BABY KILLED AT DISNEY RESORT SAYS TWO GATORS WERE INVOLVED

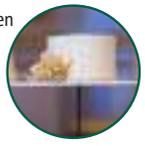


1 The distraught father of a 2-year-old boy dragged off and killed by an alligator at the Walt Disney World Resort in Florida last month has said he was attacked by a second alligator as he fought to save his son. Matt Graves, whose son Lane was killed in the Seven Seas Lagoon at Walt Disney World's Grand Floridian Resort & Spa after being dragged off in shallow waters, gave details about the attack to a fire captain, the Orlando Sentinel reported on Sunday. The disclosure came via email messages obtained by the newspaper from the Reedy Creek Fire Department, in which Captain Tom Wellons relayed the father's account from the day after the incident to his supervisors. REUTERS

AMERICAN STUDENT FOUND DEAD IN ROME IN POSSIBLE HOMICIDE

2 The body of an American university student who went missing in Rome three days ago was found in the Tiber River on Monday, and police said they were not ruling out homicide. Beau Solomon, 19, from Wisconsin, was due to start a study abroad programme at John Cabot University, whose campus is in the central Trastevere district, which is near the river and popular with young people. The university confirmed Solomon's death in a statement. It said earlier he had not been seen since about 1 a.m. on Friday morning, when he had left a pub in the Italian capital, just hours after arriving in Rome. Early reports said Solomon suffered a head wound and his shirt was bloodied. REUTERS

QUEEN'S WARDROBE ON DISPLAY AT BUCKINGHAM PALACE EXHIBIT



3 A selection of outfits worn by Britain's Queen Elizabeth go on display at her London Buckingham Palace residence as part of an exhibition marking the monarch's 90th birthday this year. "Fashioning a Reign: 90 Years of Style from The Queen's Wardrobe" showcases royal outfits from occasions such as family weddings as well as state visits. The Buckingham Palace exhibit, part of the summer opening of its State Rooms, is one of three such royal fashion displays taking place at the monarch's official residences, including Windsor Castle and the Palace of Holyroodhouse in Edinburgh. Elizabeth turned 90 in April, months after surpassing the 23,226-day reign of her great-great-grandmother Queen Victoria.
REUTERS

Former Met and Phillie, and a great entertainer, Lenny Dykstra, greets fans at Shea Stadium in 2008. GETTY IMAGES

BOLARIS' WEATHER WATCH: STRANGE FOURTH WITH HARRY POTTER AND LENNY DYKSTRA

This has been first Fourth of July in more than 20 years that I stayed put in the city, and for good reason.

I made a promise to my daughter that I would take care of her precious, lovable rescue cat named Harry Potter while she was in camp. About five years ago, my daughter and I went to find her a pet frog. Well, that pet frog turned into an adorable little kitten that had been abused and we rescued her from PAWS adoption center in Philadelphia. My daughter quickly named her Harry Potter.

Harry and I were hanging all weekend long because there are not too many things you can do with a cat. You can't walk them, they won't chase a ball and it's definitely a one-way conversation. So, it's basically din-din time or watch Animal Planet.

On Saturday, after a workout I decided to go to one of my favorite spots in the city, Victor's Cafe. It's a place kind of like the bar in "Cheers." You can walk in, grab a brew, catch a game, eat some really great food, hang in your shorts, chat with Victor, who is always running around making sure everyone is happy and simply be yourself.

However, on this particular evening, my cellphone lights up and up pops the name Lenny Dykstra. Dykstra was once an All-Star baseball player for the New York Mets and Philadelphia Phillies who rose to the very top and then crashed and burned, and basically was left in ashes. He served time in prison for numerous crimes, although Lenny likes to call it a "hotel" with a different type of concierge service.

Lenny and I became friends back in 1993. Like him or despise him, he was and still is a friend of mine and, to this day, I can never turn my back on a friend, even with finding some of the stuff he has admitted to doing beyond comprehension. But being a drug and alcohol abuser will eventually take you down into the dark downward spiral with no parachute to pull as you exhausted the rip cord just one too many times.

I always felt some sorrow for Lenny. I saw him when he was clean and sober and actually found out that he had a heart of gold. I admired his passion to succeed, and simply loved watching him play baseball, as he would go through walls

Bolaris' Weather Watch

JOHN BOLARIS
@weathersavior

to win a game and, yes, the nickname "Nails" definitely defined him.

He always said to me, "I wish I had that discipline chip that you have. You see, we are all built with certain chips, and I'm null and void of that one."

Anyway, here is how the phone call basically went:

LD: Dude it's Lenny, bro, I'm in town for my book tour, just released book titled "Nails: The Improbable Rise and Spectacular Fall of Lenny Dykstra." … My book tour starts Sept. 1, 52 cities in six months, dude, want you on board.
JB: Lenny, it sounds like it could be quite the tour, not exactly your SEPTA local, but I have my daughter, need to take care of her and now heavily into real estate.
LD: OK bro. … What you doing tonight?
JB: Hanging at this place called Victor's. Why don't you come by?
LD: Is there place nearby where I can do my laundry. … You know, kill two birds with one stone? I have some company as well.
JB: Dude, you're serious? Of course you are. OK, bring your freaking laundry and we will do dinner and laundry and catch up.

So as Lenny was airing his "dirty laundry," we did catch up, and, no surprise, Lenny brought along his computer and actually came up with a brilliant real estate model on a very complicated project I've been working on in New York.

Lenny Dykstra, love him or hate him, he is the ultimate entertainer. Now back to the local forecast:

New York

Today: Scattered showers and storms 87

Wednesday: Hot City 92

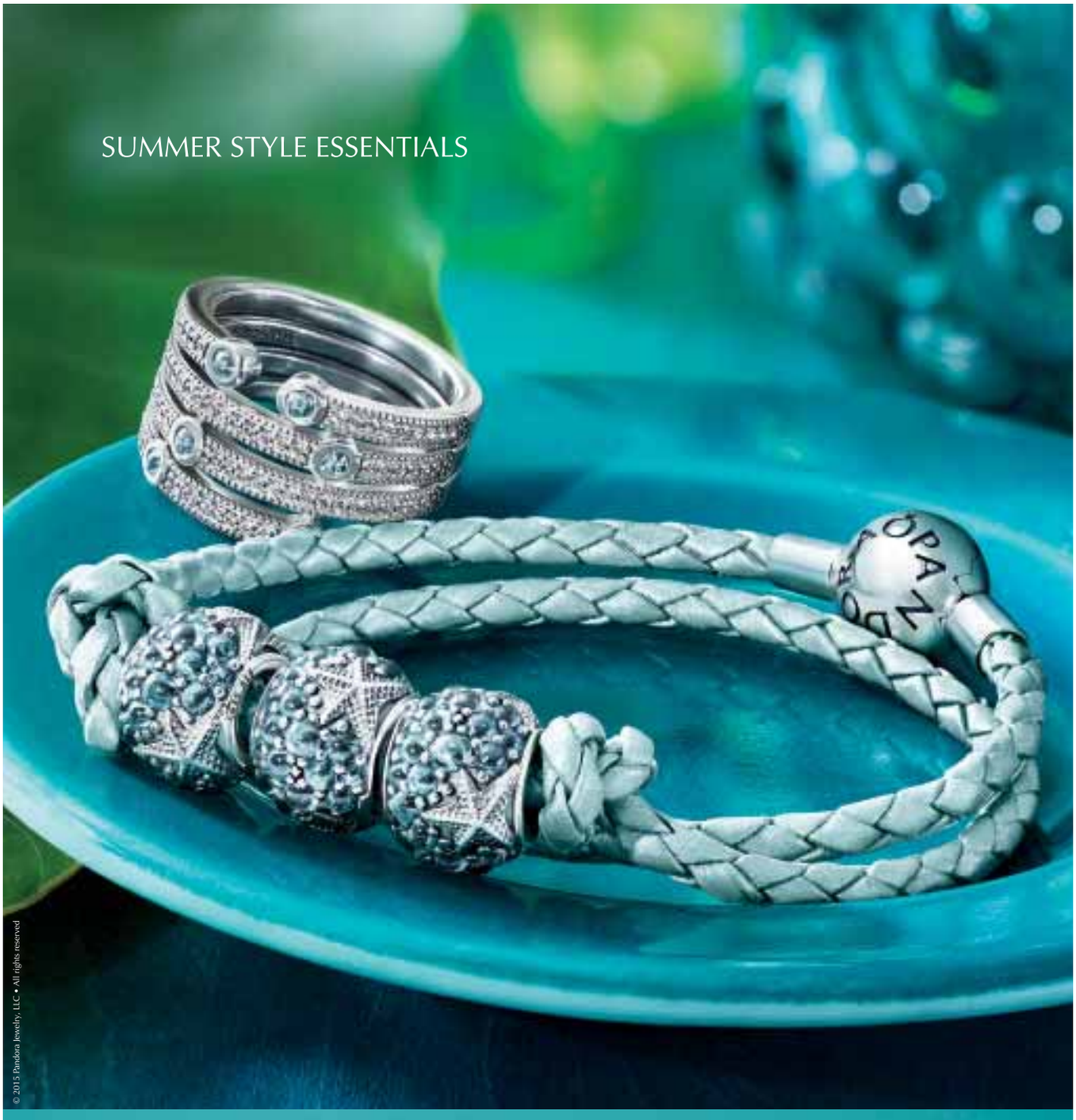
Thursday: Hot, hot, hot 93

Friday: Hot 91

Weekend:

Saturday: Scattered storms 88

Sunday: Sun, not as hot 86



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Ilse Simon has 13 birds in her Manhattan apartment, earning her the title of bird woman of Central Park West. ALL PHOTOS BESS ADLER

Lions and bears, oh no, but tigers fit in apartments

New Yorkers share their city with a menagerie of exotic creatures from bearded dragons to alligators to macaws and beyond.

ERIC GIRARD
@MetroNewYork
letters@metro.us

Back in 1963, Ilse Simon, now 76, was faced with a choice: the man she was living with or her bird.

"Of course, the bird won," said Simon, whose Manhattan menagerie now consists of 13 feathered friends: three cockatiels, a lory, a kakariki, a caique, a lovebird, two canaries, two parrotlets, and two parakeets.

Simon is just one of many New Yorkers devoted to their unusual pets. Besides 8.4 million people, 500,000 dogs, and 575,000 cats, according to estimates from the city Department of Health, New York's high-rises are teeming with exotic creatures, from bearded dragons to alligators to macaws to spiders and beyond.

Simon, who claims to be the original bird woman of Central Park West, has had most of her pets since they were babies, and they can live for decades. "They're very bright, affectionate and mischievous," she said.

Every morning at 6, Quasi the cockatiel wakes up first. Soon there's a chorus of "Hi there" and "Hi, baby." With 13 birds in one apartment, neighbors are sure to hear chirps and squawks. But Simon said it's accepted. Years ago, one neighbor complained, and when a new tenant signed a lease, it mandated that Simon's birds be tolerated.

Simon has paid as much as $1,800 for the rare caique from Brazil. Plus, food and toy costs add up. "If I had to live off Social Security, I wouldn't make it," she said. Even her will stipulates arrangements for the birds' care.

Birds, which are naturally social, tend to become an extension of the family, said Megan Sweeney, manager of Fauna, a pet store on Columbus Avenue that specializes in birds, small reptiles and freshwater fish.

"Birds can thrive in apartments when given a healthy diet, plenty of exercise and lots of love and socialization," Sweeney said.

But it's reptiles that most customers choose.

"The most common that leave the shop include bearded dragons, leopard geckos, crested geckos, corn snakes and milk snakes," Sweeney said. "Bearded dragons and crested geckos are child-friendly reptiles that are easy to handle and care for. Corn snakes have a sweet temperament and are extremely low-maintenance."

She added that people often unknowingly ask for illegal animals like pythons and hedgehogs. With food and care hard to find, it's best to avoid the black market for exotics.

The city, which enforces pet restrictions largely through public complaints, has banned pages worth of species: hyenas, cougars, zebras, ostriches, sheep, even creatures as seemingly harmless as ferrets.

The laws didn't stop a Harlem man from keeping a tiger in his five-bedroom apartment in the early 2000s or a Staten Island man from hosting a kangaroo that escaped in 2015, in just two infamous cases.

"I've heard of people in New York who have roosters, tarantulas," said Steve Gruber, director of communications for the Alliance of NYC's Animals. "Years ago, pigs were the rage. Pigs are cute when they're little, but they get big. Back in the '90s, I used to run into a guy walking his pig on Ninth Avenue."

Of course, dog and cat owners aren't the only ones who pamper their pets. A recent New York Times article spotlighted a woman hired to walk a 17-pound tortoise.

"I can't imagine coming down an elevator with a tortoise," Gruber said. "That would be pretty unusual."

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Off-duty NYPD cop fatally shoots man in road rage confrontation

The officer, whose name has not been released, is a three-year veteran of the force.

ALEXIS SACHDEV
@MetroNewYork
letters@metro.us

An off-duty NYPD officer shot and killed another man who reportedly attacked him after a traffic dispute early Monday in Brooklyn, police said.

After narrowly avoiding a crash in Cypress Hills on Atlantic Avenue at Bradford Street, a man, identified as Delron Dempsey, got out of his 2016 Kia EX and approached a 2002 Nissan Altima driven by an off-duty NYPD officer whose name has not been released, while the two were stopped at a red light, the New York Daily News reported.

Dempsey, 37, repeatedly punched the officer in the head through his car window shortly after midnight, according to police.

The officer drew his weapon and fired an unknown number of times at Dempsey, who died at the scene, NBC New York reported.

The officer was taken to Jamaica Medical Center; he is expected to recover.

Dempsey's relatives, who were at the scene of the shooting, said they have hired an attorney.

Dempsey's brother, Ali, said the victim was visiting his girlfriend, their newborn baby and her two teenagers, NBC New York reported.

News outlets have reported that Dempsey's family was in the car at the time of the shooting.

The officer involved in the apparent road rage incident is reportedly assigned to the 79th Precinct in Bedford-Stuyvesant and is a three-year veteran of the NYPD, according to ABC7.

DAVE HOSFORD/FLICKR

The Harlem River Houses II complex on Frederick Douglass Boulevard and 152nd Street GOOGLE MAPS

Harlem toddler falls to death from window

A 3-year-old boy plunged to his death from a 13th-story window Sunday after he pushed out a window guard at a Harlem housing project.

Around 7 p.m., Latyr Sene fell from his parents' apartment in the Harlem River Houses II complex on Frederick Douglass Boulevard and 152nd Street, according to police. Sene landed on the ground below, and was rushed to the hospital in cardiac arrest. He was pronounced dead on arrival at 7:30 p.m., police said.

Witnesses told Channel 4 that they saw the boy in the window before the fall.

"The boy was laying on the ground in the dirt. Just still. He fell. We heard the big bang, and we looked outside the window. He was on the ground," witness Annette Aiken told NBC New York.

"It was very loud and I thought the air conditioner fell, but it wasn't the air conditioner. It was the boy hitting the air conditioner on the way down," Aiken, 47, told the New York Daily News.

Sources told the New York Post that bars were supposed to be secured in place outside the window. But the bars were loose, and the boy had easily pushed them to the ground. According to the Daily Mail, someone in the apartment moved an air conditioning unit and failed to screw the bars back in properly.

The boy's parents have been identified as African immigrants. They were taken away by an EMS supervisor after an ambulance carrying their son left. According to the Daily Mail, they have since been taken to the NYPD's 32nd Precinct, but have not been charged.

It's unclear what the parents were doing at the time of the fall.

Renee, a ninth-floor resident, told the Post that the boy's mother, Annette, came running outside with Latyr's twin brother after learning what happened.

"The mother had the other twin in her arm," she said. "My knees buckled. I couldn't bear to look out the window. I ran downstairs [and] the fire department was trying to revive him and I just totally lost it."

ALEXIS SACHDEV

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Teen's leg amputated after Central Park explosion

Connor Golden, 18, stepped on a homemade explosive device.

ALEXIS SACHDEV
@MetroNewYork
letters@metro.us

A teenager had to have part of his leg amputated after he was seriously injured in an explosion in Central Park Sunday.

Connor Golden, 18, of Fairfax County, Virginia, had to have his injured leg cutoff below the knee, Golden's grandparents told NBC New York.

Golden had stepped on a rock around 11 a.m. inside the park, near the area of Fifth Avenue and East 62nd Street. The explosion was reportedly caused by a homemade device or fireworks "experiment," Channel 4 reported. Investigators believe the explosive was left behind by an amateur or hobbyist.

Golden was with his friends, also visiting from Fairfax County. After the incident, a bag of fireworks was found nearby, but the group denied playing with them. Police now say they believe the device had been in the park for about a day.

Investigators also told Channel 4 that there was no evidence linking the explosion to terrorism.

Investigators said the object was likely fabricated by an amateur fireworks enthusiast for the thrill of creating a loud noise and flash. At least one bystander in the park told CNN the blast sounded "like a cannon."

The park remained open to visitors following the blast, but police were checking for any additional explosives in the park, using dogs trained to detect vapor trails left behind by explosives or would-be bombers.

Teams of so-called Vapor Wake Detection dogs were being deployed in New York for the first time as part of stepped-up measures to protect America's most populous city during the holiday weekend.

Reuters contributed to this report.

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Hate driving to work? Don't live in these cities

BURGER/PHANIE VIA GETTY IMAGES

New data from Trulia reveals the best cities for transit and car commuters.

ALEXIS SACHDEV
@MetroNewYork
letters@metro.us

Commuting to work is one of those constants in life, right up there with death and taxes. And it's not getting any better: The average worker's commute has gotten 20 percent longer since 1980; and more Americans are making mega-commutes — 90 minutes or longer — than ever before. It's not like sitting in traffic is healthy for you, either. Sitting in rush-hour traffic spikes your heart rate, blood pressure, cholesterol, anxiety and risk for depression.

Yeesh.

Our commutes are obviously a function of where we live: Workers who live in large metropolitan areas like New York and Philadelphia are more likely to walk, bike or take public transportation, whereas commuters with fewer mass transit options are more likely to drive.

New analysis from Trulia, an online residential real estate tool, reveals how Americans in the top 25 metropolitan areas commute to work. For people considering a move, this should factor into your decision.

If you're against driving to work, steer clear of the Washington, D.C.-area; Riverside, California; New York and Chicago. Trulia said renters in these cities are likely to face crowded and long commutes, even if they leave early in the morning. NYC ranked 22nd on Trulia's Driver-Friendliness index; Philly was 14th and Boston came in 18th.

But if you're a fan of Monday-morning carpool karaoke, Minneapolis or St. Paul might be the place for you. The Twin Cities topped Trulia's chart in driver friendliness, as drivers there have the shortest commute than those in any other city analyzed. Seattle and San Francisco followed closely.

New York, Boston and Philly are considered the most expensive cities to own a car, according to Deutsche Bank analysts. It's no surprise, that these three cities are among the best for transit commuters. These three ranked 5th and tied for 7th place, respectively for transit-friendliness. And according to Trulia, New York City and Boston have the most subway-riders in the nation.

Today, Trulia is also announcing its Rent Near Transit tool, an interactive product that combines transit maps and rental listings to help renters filter properties located near the transit stations they need.

Rent Near Transit launches for Boston's MBTA, the New York Subway, Philadelphia's SEPTA system, the Washington, D.C., Metro and Bay Area Rapid Transit (BART).

Renters will also be able to compare median rental prices by transit station, with regular market updates, to get a greater understanding of the local market.

"We know that 70 percent of renters want to be close to their job, school or transit, and that they are often in a crunch to find a new home fast," said Yardley Ip, Trulia Rentals general manager, in a statement. "By combining rental listings with transit lines, Rent Near Transit filters out listings that are not convenient for a renter, so they can move fast in finding their next perfect home."

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Suicide bombers hit three Saudi cities

The explosions targeting U.S. diplomats, Shi'ite worshippers and a security headquarters at a mosque in the holy city of Medina follow days of mass killings claimed by the Islamic State group, in Turkey, Bangladesh and Iraq.

Suicide bombers struck three cities across Saudi Arabia on Monday, in an apparently coordinated campaign of attacks as Saudis prepared to break their fast on the penultimate day of the holy month of Ramadan.

The attacks all seem to have been timed to coincide with the approach of Eid al-Fitr, the holiday that celebrates the end of the fast.

Saudi policemen stand guard at the site where a suicide bomber blew himself up. GETTY IMAGES

A Saudi security official said an attacker parked a car near the U.S. consulate in Jeddah before detonating the device. The official said the government was checking the reports of blasts in Qatif and Medina.

In the only one of the three attacks that appeared to have caused many casualties, a suicide bomber detonated a bomb near the security headquarters of the Prophet's Mosque in Medina, the second-holiest site in Islam.

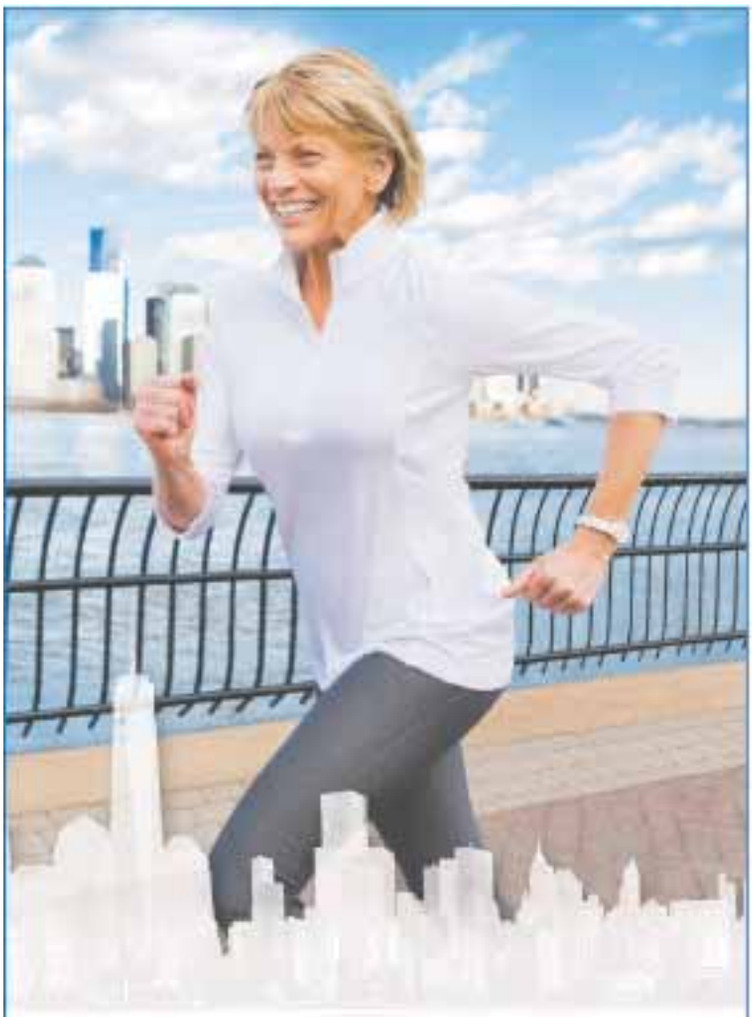
Saudi-owned al-Arabiya television said an initial death toll from the Medina blast included three suicide bombers and two security forces officers.

In Qatif, an eastern city that is home to many members of the Shi'ite minority, at least one and possibly two explosions struck near a Shi'ite mosque.

Witnesses described body parts, apparently of a suicide bomber, in the aftermath.

A resident of the city reached by telephone said there were believed to be no casualties there apart from the attacker, as worshippers had already gone home to break their fasts. Civil defense forces were cleaning up the area and police were investigating, the resident said.

Hours earlier a suicide bomber was killed and two people were wounded in a blast near the U.S. consulate in the kingdom's second city Jeddah. REUTERS



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Trump defends 'star' tweet; Clinton says it's anti-Semitic

Presumptive Republican presidential nominee Donald Trump on Monday defended a post he made two days earlier to social media that included an image depicting rival Hillary Clinton against a backdrop of cash and a red Star of David, while Clinton called the image anti-Semitic.

In a tweet on Monday, Trump said he had not meant the six-pointed star to refer to the Star of David, which is a symbol of Judaism. Rather, he said, the star could have referred to a sheriff's badge, which is shaped similarly except for small circles at the ends of each of its six points, or a "plain star."

His tweet came after Mic News reported on Sunday that the image attacking Clinton — which included the words: "History made" and, inside the star, "most corrupt candidate ever!" — had been shared on a neo-Nazi web forum called /pol/. Reuters confirmed the image was posted there on June 22 by viewing a link to an archived version of a /pol/ page, though the page has since been updated and the image removed.

Republican presidential candidate Donald Trump GETTY IMAGES

"Donald Trump's use of a blatantly anti-Semitic image from racist websites to promote his campaign would be disturbing enough, but the fact that it's a part of a pattern should give voters major cause for concern," Clinton, the presumptive Democratic nominee, said in a statement emailed to reporters on Monday.

Trump posted and deleted the tweet on Saturday, then tweeted a similar image in which the star was replaced by a circle. On Monday he lashed out at journalists for continuing to report on the original tweet.

"Dishonest media is trying their absolute best to depict a star in a tweet as the Star of David rather than a Sheriff's Star, or plain star!" Trump wrote on Twitter on Monday.

The Nazis forced Jews to wear a Star of David on their clothing to identify themselves during the Holocaust.

Saturday's incident was the latest departure by Trump from a recent effort to appease Republicans worried about his brash public persona by trying to appear more restrained.

In June, Trump fired his campaign manager Corey Lewandowski and began using a teleprompter to make speeches, hoping to show that his campaign could be more inclusive after earlier mishaps, including his statement that Mexicans crossing the U.S. border illegally were "rapists" and his mocking of a disabled reporter, which Clinton has begun using in attack ads against him. REUTERS

FALLOUT ZONE

The Fourth of July sent holiday rockets over Capitol Hill with some hot enough to scorch the campaign trail. Here are my three things to watch this week in politics.

1. BURNING FUSE

Presumptive Democratic nominee Hillary Clinton would love for her weekend questioning by the FBI to be like Carly Fiorina's campaign — easily and quickly forgotten. But that's not likely with Republicans sizzling over every development in the investigation of her private email server. Sources suggest an indictment probably won't come, but the fed probe is a constant reminder of the doubts most voters have about her honesty. And the kerfuffle over husband Bill's impromptu meeting with Attorney General Loretta Lynch didn't help, no matter how much everyone involved says it was just a social call. Watch for a barrage of questions, comments and concerns about the matter from her foes this week — and just as many defensive responses from her friends.

2. TRUMP TALKERS

The Republican Party still seems to be teetering on the brink of chaos over the pending nomination of Donald Trump, but he says plans for the upcoming convention are coming along nicely. Trump insists the list of speakers will be revealed midweek. However, he appears less eager to talk about the continuing rumble from Dump Trumpers — those who desperately hope they can yet replace him at the big dance. Odds to them pulling it off? Pretty thin. But they keep pushing. Meanwhile, Clinton is heading to Atlantic City to slam the billionaire developer's business record ... including some of his losing bets on the gambling business.

3. VEEPSTAKES

In every election cycle political pundits get in a twist over which running mates the candidates will choose, and that's about to kick into high gear. You can expect all the traditional talk about who might help each candidate clinch the swing states, but don't worry — it really makes very little difference. They'll pick whom they pick, make a lot of fancy speeches about it ... and then voters will vote as they would have anyway.

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Californians seek pot of gold in marijuana legalization vote

There is no guarantee California will vote to legalize recreational marijuana in November, but political operative and father of four Daniel Conway has already staked his future on it.

Conway left his job as chief of staff to Sacramento's celebrity mayor, former Phoenix Suns NBA basketball star Kevin Johnson, to help start the marijuana investment company Truth Enterprises.

He is one of hundreds in the most populous state already pushing ahead with plans to enter a market experts say will be worth $4 billion by 2020.

"I'm someone of an age and of a demographic that sees the legalization and normalization of marijuana as inevitable," said Conway, 35. "This was a chance not just to build companies but to build an industry."

Passage of the California measure is opposed by many of the same law enforcement and health care groups who helped defeat the 2010 initiative. GETTY IMAGES

With a population of nearly 40 million people, and a thriving medical marijuana trade legalized 20 years ago, California already has the United States' largest legal marijuana market. Legalization of recreational pot would generate an estimated $1 billion in additional taxes per year.

If voters in November approve a measure to legalize and tax marijuana that qualified last Tuesday for the ballot, California would be the fifth state — and by far the largest — to allow marijuana for recreational use, joining Colorado, Washington, Oregon and Alaska, as well as the District of Columbia.

A similar ballot initiative failed in California in 2010, but recent polls show strong support for legalization. The latest effort is backed by mainstream leaders including Lt. Gov. Gavin Newsom, who helped negotiate the regulations and taxes it would impose. REUTERS

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THOUSANDS of knee arthritis sufferers flock for this advanced medical treatment - How they relieved pain while so many continue to suffer

Knee Arthritis Pain: The Untold Story

Why patients come from all over the Tri-State area for this knee arthritis pain treatment and why waiting can decrease your chance to live a pain free. life again

By Matt Edgar - America's Health Writer

NY Pain MD, a center for Non-Surgical Medical Relief For Spine And Joint Pain Relief, **is a medical clinic with multiple locations in New York City that has treated thousands of knee arthritis patients. Here is what every knee arthritis sufferer should know about the best treatments and options available today. And why waiting can drastically decrease your chances to live a pain free life again.**

The information you are about to read can possibly save you from years and years of agonizing knee pain. It might even keep you from getting total knee replacement surgery. *Please pay careful attention.*

What you are about to read is a cutting-edge medical treatment... but it is NOT what it appears to be at first glance. In fact, I'm going to have to ask for a bit of patience from you if you have already ***unsuccessfully*** tried any (or many) other knee arthritis pain treatments.

You see, many knee arthritis sufferers had already tried what seemed to be similar treatments to what we are going to talk about and *did not get the results they wanted.* But I assure you there is something VERY DIFFERENT about the technology and the way we do this treatment that can possibly make it much more effective for many … and it often gets results when many others have failed.

This is why patients come from all over the tri-state area and beyond to have their knee arthritis pain treated here.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. In fact, it is impossible to predict results and there are no statistics proving what the *"average"* patients can expect. Everyone is individual and gets individual results - so we never tell anyone to expect the same results as any of our other patients. **But to be 100% clear** - many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years .. or even permanently cancel it.

What Are Treatments Like?

Treatments are simple, fast and virtually painless. The total time of the procedure itself is only 10 minutes and most say it is like getting a flu shot. You walk out of the clinic just minutes after your procedure.

But There Is A BIG Problem

The key is the treatment must be EXTREMELY PRECISE. Often ignored by many other clinics, if the procedure is just slightly off, the medication will not get into the knee joint and the treatment will not work.

That's why the experts at ***NY Pain MD*** use what they call "Precision Arthritis Targeting Technology" or **P.A.T.T.** so they can see the medicine going directly into the knee joint - in live motion- during the treatment.

Research shows that doctors performing procedures without Precision Arthritis Targeting can miss the joint as much as 30% of the time. If you had viscosupplementation (or Stem Cells or PRP) without the exactness of P.A.T.T. and did not get good results - this may

"I cannot ask for better results"

Dr. Stanley Weiner, M.D. - Surgeon

I had (replacement) surgery scheduled last year. Three months before I made an appointment .... I was amazed at the ease with which I was evaluated and the treatment schedule implemented. **The results I had at *NY Pain MD* were outstanding. I cannot ask for better results.** After the treatment I was able to go back to work with no discomfort at all. They use a digital monitor to locate the space that they use the treatment for and it's .. it's like exact science. ***Dr. Stanley Weiner MD***

"Hey this feels terrific"

I was diagnosed bone on bone about 2 years ago I went to see an Orthopedic Surgeon and he said my knees were shot and I need to get them replaced. The NY Pain guys said after looking at x-rays they could help. **That procedure is so basic so simple so quick in 15 minutes you are in and out.** When I got up out of the chair I stood up and I said, ***"Hey this feels terrific."***

"I don't have any pain any more"

After I had the treatments .. the last tuneup ..

"I feel like a new woman -It's amazing."

Would You Like Instant Proof?

If you want instant proof - you can just look at all all the actual patient testimonials we have included. These patients were once skeptical just like you... and are now either pain free... or eliminated quite a bit of their pain.

Here's the most important thing: Many said they saw this information SEVERAL times before finally deciding to take action and give us a call. As you can see - they are happy they did.

Once crippled with knee pain, they are playing golf again, dancing again, riding bikes again and going for long walks again.

But We Do Get
One Very Common Complaint

And it is: *"I wish I started this treatment much sooner."* Let's be very clear about this. Time is the most precious thing. There is no way to slow it down - or get any back once it is gone.

All the more reason for you to not suffer even one more second than you have to. Missing life suffering in pain is a tragedy. Isn't it time for you to get rid of your knee pain and start living the life you want and deserve?

And please understand this: One of the keys to success in medicine is early diagnosis and treatment. Like many diseases, arthritis only gets worse over time. The longer you wait - the more damage to your knee and eventually- the more pain. If you wait "past the point of no return", the entire knee joint can be degenerated and your ONLY option will be total knee replacement.

If you are suffering with knee arthritis pain, here is why you should act NOW: When you have arthritis, you suffer a decrease in the lubricating fluids in your knee. In other words, your knee joints basically *"dries up."* The lubricating fluid that decreases is called *"synovial fluid"*. Pharmaceutical companies can now make synovial fluid-like compounds that... during treatments... doctors precisely and directly apply these gel-like medicines into the knee joint. This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating pain.

be why.

In fact, by using Precision Arthritis Targeting Technology, ***NY Pain MD*** doctors are able to double confirm the precise placement of the arthritis medicines used. This is to help ensure patients get the best possible results.

Another Important Factor

Viscosupplementation medications also come in several different brands and chemical make-ups. Just like all medications, some people respond better to some than others. While many doctors only use one type or brands, the experts at ***NY Pain MD*** use several and great effort is taken to figure out which is best for YOU.

What To Do Next If You Are In Pain
Your Special Invitation

NY Pain MD offers a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get their questions answered and find out if they are a candidate for one of the cutting-edge treatments offered at ***NY Pain MD***.

For a complimentary screening, call 800-227-KNEE. The screenings fill up fast every month. This screening is no cost and there is no further obligation. Call 800-227-KNEE to schedule your screening. Many of the procedures offered at ***NY Pain MD*** are often covered by many insurance plans, union plans work comp and even Medicare. Call to schedule your screening * 800 2 2 7 KNEE

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I just go right to the golf course. I'm able to keep up with these guys who walk - I'm right next to them! My guys on the golf course would say Hey, look at this he doesn't need us to put the ball up any more.

When I'm playing on the course I don't have any pain any more I don't have any aches and pain.

I'm out there playing!

"I feel like a new woman"

I came to the clinic because I was not sleeping at night. My leg was pounding. There were times when I sat too long the knee would tighten up. I would get in pain and I would be miserable and I would have it for the whole night. **After the treatment I goof around with my grandchildren. I feel like a new woman.** It's great. I know I don't have to sit on the couch and be in pain and I can just pick up and get dressed and go out. It was so gentle.

It got to the point where I couldn't stand up for a period of time and I knew something had to be done about it. You walk into the doctors office - he puts your leg in a machine - he shows you where he is going to do the procedure and before you know it... it's done and you're outta there. Now I'm able to take out my bicycle a couple of the guys and myself we took a couple of rides out in the woods and we had a good time and ***I couldn't do that for years and now I'm able to do it again.***

The pain was excruciating like 24/7. Nothing I took over-the-counter would work so I knew it was something more serious. When I saw that my condition was not getting any better, I decided to do something about it and I immediately made an appointment - I went and started treatment. **The feeling of getting back to my dancing and my mobility is indescribable. I feel like a new woman - It's amazing.**

"I am ecstatic with the results of this procedure"

One day, as I was running, my knee got tighter and tighter. I had to stop and just walk home. They x-rayed me and said I was a candidate for it. You sit there for about 2-3 minutes and then you are up and walking out the door. I am ecstatic with the results of this procedure because I could not run just weeks before. I ran my race without any issues. I felt good - it just opened a door that was closing.

"I Can Finally Live My Life"

Prior the the relief center I was taking (9:30) and I was becoming addicted to it and it was damaging my health. Since the treatment, I've been able to be less dependent on them. I don't feel helpless anymore. **Since going through the procedure I can finally live. I can finally live my life.**

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Mandela's family angered by South Africa opposition using late leader's voice

The family of the late Nelson Mandela is furious that a recording of the revered South African leader's voice is being used by the main opposition party for campaigning in local government elections due to be held next month.

In a campaign ad, which the Democratic Alliance (DA) posted on YouTube at the weekend, a young woman steps into a voting booth as Mandela's voice is heard calling for justice, peace, work and bread. The woman then makes her mark next to the DA logo.

"The DA is doing it to benefit a party which Mandela was not a member of," Mandla Mandela, the grandson of the former president and a member of the ruling African National Congress (ANC) Party in parliament, told the ANN7 news network.

Nelson Mandela GETTY IMAGES

The ANC, which Mandela was a long-time member of and once led, has been in power since the end of apartheid in 1994. But it faces a stiff test in local elections on Aug. 3.

The DA hopes to capitalize on a poorly performing economy and allegations of corruption against the ANC.

Responding to criticism from the Mandela family, the DA defended its use of his words. "This great man stood for a nonracial South Africa," said DA spokesperson Refiloe Ntsekhe.

"The DA is the only party able to take South Africa to the nonracial future it needs. To say that Mandela does not belong to all South Africans is atrocious."

Online media outlet News24 reported that the Mandela family had appealed to the electoral authorities to take action against the DA.

REUTERS

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Know this: This is NOT a supplement you can buy over the counter or on the internet. This is a REAL medical treatment that must be given by a trained health care professional.

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To get your information kit or to schedule a No-Obligation Risk Free Shoulder Screening simply call 800-627-PAIN (7246).

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ALL PHOTOS GETTY IMAGES

2 Chainz is all about honesty

2 Chainz was so grateful a fan found and returned a ring he lost during a recent concert in Florida that he gave the audience member a wad of cash, TMZ reported.

The rapper performed at Club La Leva in Panama City Beach Thursday night, when he flung some water in a plastic bottle to sweaty fans in the front row — inadvertently loosening a ring on his finger and flinging that into the crowd, too.

The gossip website posted a video of the ring fling, along with some fans and staff members trying to find the jewelry.

Eventually, a fan gestures to the rapper that she's found the ring, and returns it.

"Thank you for being honest," the rapper is heard to say on the video, while handing the woman some cash a man brought from offstage.

The amount totaled about $200, according to TMZ. Hell yeah.

'Baywatch' stars hated on Pam Anderson's boobs

If you are too young to know what "Baywatch" is, then you'll at least be interested in the movie remake of the hit '90s show — set to debut in 2017 and star Zac Efron and Dwayne Johnson.

Centered around a group of attractive lifeguards who patrol the beach in Los Angeles, the show made stars out of many young actors, and no one was more known for their bathing suit-clad body than Pamela Anderson. But her co-star David Hasselhoff reportedly never wanted her on the sand.

In a new interview with The Hollywood Reporter, original producers Michael Berk and Douglas Schwartz revealed seven "Baywatch" secrets.

According to them, Hasselhoff believed her Playboy past would turn off viewers because "children watch this show." But Schwartz thinks he was afraid of her "enormous breasts" taking away his spotlight — which they did.

Another "secret" also hinted that Anderson's boobs were responsible for fellow Baywatcher Nicole Eggert's breast enhancement surgery. "She felt a little bit competitive with Pam," Berk told the Reporter. It apparently caused an issue with shooting, as the surgery happened during a break during Season 7.

But Anderson's boobs proved an asset after a sex tape of her and then-husband Tommy Lee went public in 1995 — and doubled ratings.

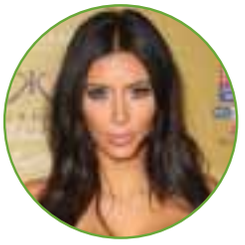
Johnny Depp changes tattoo in apparent Amber Heard snub

Johnny Depp and Amber Heard's ongoing divorce took another dark turn this week, after the actor made a small edit to a tattoo featuring his ex-wife's nickname on his right knuckles.

The actor changed a "SLIM" tattoo he received when the pair got married, changing the L to a C and the I to a U to read "SCUM," TMZ reported. Ouch.

Heard successfully petitioned for a restraining order against Depp after she produced photos of bruises she said she received during a domestic assault by Depp. He's denied the charges.

Depp also once changed a tattoo he received while dating Winona Ryder, changing the text from "WinonaForever" to "WinoForever."



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Did Pilates today. Was hard but so worth it!

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Tarzan gets politically correct

Stars Alexander Skarsgard and Margot Robbie on why the reboot won't make you roll your eyes.

FELIX CARABALLO
Metro World News
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Margot Robbie and Alexander Skarsgard canoodle in "The Legend of Tarzan." WARNER BROS. PICTURES

The Lord of the Jungle is back for the umpteenth time since first hitting the silver screen in 1918. With the release of "The Legend of Tarzan," director David Yates, who was at the helm of the final four "Harry Potter" movies, attempts to breathe new life into Edgar Rice Burroughs' classic but problematic Tarzan books. His stars: Swedish-born star Alexander Skarsgard swinging into action as the title character and siren Margot Robbie as Jane. The actors explain why Tarzan is relevant today and how the role of women in Hollywood is slowly changing for the better.

What makes this adaptation of Tarzan different?

Margot Robbie: Someone told us that there have been 48 versions of Tarzan, but a live-action one hasn't been made in many years. The version I most recognize is the animated one by Disney, and obviously this is very different. When reading the script, I felt it was an epic adventure, with a love story full of heart. It has a very intelligent central idea taking place in a very interesting time in the history of the world.

What do you think about women's roles in movies?

Robbie: I think they are improving. People finally are recognizing that half the ticket sales come from women. And if you do not create the types of roles in which women can be identified, then they are not going to enjoy those movies, and if they do not enjoy them, they won't sell tickets. I understand that the industry is responding to this very positively. When they send me scripts, although you can tell that the female characters are not as complex as the male, I see that they are open to working on female roles and hear the ideas that one offers.

In earlier versions of Tarzan, he's treated as the white savior. How did you guys address this?

Alexander Skarsgard: Watching the previous films and reading the original novels, they seem very archaic in the way they describe the natives. It was a different time, and these works are appreciated for what they were. But today, we have to do something completely different. You cannot make a film of a white man who comes into the jungle and saves all natives. That's why I love the film, because it shows what happened in the Congo during the reign of King Leopold — the genocide and how they killed elephants for their ivory and destroyed nature. These are things we're dealing with today.

GETTY IMAGES

Alexander, you quit acting through your teens. Now that you're back, how do you deal with being a celebrity?

Skarsgard: When I returned to acting, I went to a college in New York and tried to approach it in a different way. Before, if someone recognized me or wanted an autograph, I would get paranoid. All I wanted was for no one to recognize me. And now, as an adult, I love working on these projects, and it's great when you touch someone. If someone tells me, "I saw your movie and loved it" — that's worth a lot to me. Now I see it as a compliment.

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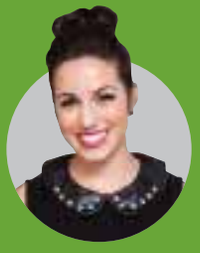
Should I go on a second date?

LAURIE DAVIS EDWARDS

Single and Swiping

Laurie Davis Edwards is the founder of eFlirt, an online dating concierge service, and the best-selling author of "Love @ First Click: The Ultimate Guide to Online Dating."



We've all been there. ISTOCK

I asked a client recently how she knew her past relationships were worth pursuing. She said the first time she met each of the guys she was in a relationship with, there was "an instant click" — the conversation went on for hours, they had good chemistry and then the relationship continued.

We've all felt that click before — and it feels awesome when it happens! It's what most of my clients look for on a first date — the sign that potential exists together. But just because you get the click doesn't mean the relationship is right. And the absence of that click doesn't mean the relationship is wrong.

If there's one thing I've learned as a dating coach for nearly a decade, it's that every relationship evolves differently. Your story will be different from another couple's. Sometimes the click will exist right away ... and sometimes it won't. Regardless, when it happens won't affect how amazing your relationship can be. This weekend, one of my clients is getting married to a man she considered a "maybe" after the first date, but their connection has grown wildly since then.

Not expecting or anticipating the click is especially true if you're meeting matches online because you lead with compatibility and attraction, but the chemistry is what's missing. Chemistry is the "click," but it often takes time to build because you've never met before.

If the moment doesn't happen on the first date, don't get discouraged. Instead, ask yourself: If you didn't know anything about this person and just met tonight, would you give him or her your number?

If you would wholeheartedly hand your number over, going out again will allow you the chance to feel more connected — or not.

I'm not suggesting you continue to see someone if you aren't truly into them. If after date No. 3 you're still on the fence about your match, it's time to cut ties. The click likely won't be coming, so go swipe on someone else.

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The Big Quiet at Farm on Kent FACEBOOK

Shhh, NYC. No, not your mouth — your mind.

If you've found zen in the city to be elusive, then The Big Quiet could be just what you need.

On July 13, tap into the collective energy of 2,000 people gathered in Central Park for an outdoor mass meditation. Tickets start at $25 and are on sale now — and they will sell out.

The event at Rumsey Playfield will mark The Big Quiet's first anniversary. The mass meditations began in Central Park last June, and since have been held at Williamsburg's Farm on Kent, Lincoln Center and even a boat for a sound bath on the Hudson River (no actual bathing happened — sound baths involve listening to a resonating instrument like "singing" bowls).

What you'll find at Big Quiet is good vibes without the spirituality — modern meditation connects you with you, rather than a higher power — and beginners will get some guidance at a short session that teaches a simple technique.

After the meditation, there will be a sound bath session, live music and the event's first bazaar of activewear, clean foods and wellness gurus around the city. (Tip: Exercising your body improves your meditation practice, too.)

Proceeds from ticket sales will support the City Parks Foundation.

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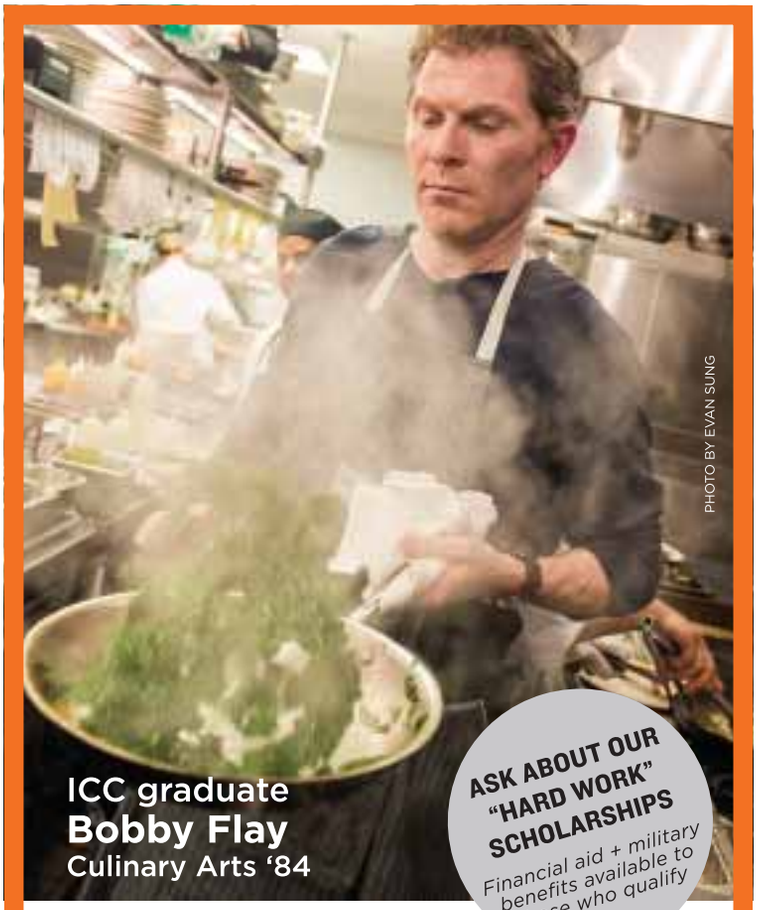
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HOW TO GET AHEAD

Balancing staying connected and letting go can be hard for college-bound kids.

ALIZAH SALARIO
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alizah.salario@metro.us

The transition from high school to college can be a reverse metamorphosis. Second-semester seniors confidently peacocking during graduation devolve into tremulous froshies, their eagerness to leave the nest replaced with newfound appreciation for the security of home.

So what's a concerned parent of college-bound children to do? In short: Let go.

"The thing about letting go is, you've been doing this since you first stood over the baby's crib and said, 'Do I pick this baby up, or let him cry himself to sleep?'" says Karen Levin Coburn, co-author of "Letting Go: A Parents' Guide to Understanding the College Years."

Drawing from her recently updated book, Coburn breaks down the process of seeing kids through the transition from high school to college, step-by-delicate-step.

The application process

The temptation to micromanage a senior's applications might be high — particularly if said student is withholding or blasé about the process. But give kids some credit. "It's the rare student who's a senior in high school who doesn't think about it, but [sometimes] something is stopping them," explains Coburn, who notes that fear and anxiety in students might be mistaken as laziness or indifference by parents. Helping students get organized or offering to devise a joint list with questions about their college search are ways to gently steer without pushing.

Whatever you do, don't overreach. "If you take over and do everything for your child, that's not helping them become more confident."

The campus visit

High school seniors might have a list of potential colleges a mile long, but many parents don't have the time or resources for extensive college visits. Coburn suggests parents take their kids to "visit a large university, an urban college and one that is more remote," preferably close to home, so students can get a feel for different types of schools. Once there, let go of the reins. "My suggestion is that if parents go on the tour, they essentially keep quiet and let the student ask the questions," says Coburn.

The separation

When kids leave for college, we tend to focus on their growth, but parents experience a shift too — and in some cases it's they who need comforting. "With this constant accessibility, with texting, parents have to ask themselves, 'Am I calling for me, or for my child? Am I calling because I need someone to help me feel less lonely?'" Ongoing "I miss you" texts from parents, are basically "asking the child to be homesick" and "make them feel like they have to take care of their parent." So there you have it. The kids — even yours — are all right. Most of the time.

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Do computer glasses really work?

We find out about combating digital eye strain.

JENNIFER LOGUE
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If you're like most people working in an office, staring at a computer screen takes up most of your waking hours. As if daily work demands aren't stressful enough, employees in the modern era have digital eye strain to worry about — and it's a real thing.

Ever notice how wiped out your eyes feel after a long day at the office? They may feel dry or weak, and you might even develop headaches and blurred vision. That's computer vision syndrome, or digital eye strain, and according to the Vision Council, 70 percent of Americans suffer from it.

"There are a few elements that contribute to the issue," says Dr. Mark Blecher of Will's Eye Hospital in Philadelphia. "You can get eye strain because you're staring at a two-dimensional surface. Maintaining this focus can be exhausting. It's like picking up a small hand weight at the gym and holding it without moving.

"If you're staring at something for a while, we don't blink and therefore don't produce tear foam," he says. "This is another factor to consider."

Blecher says this problem is nothing new, however, and eye strain has been an issue even before the computer age, with reading books and magazines.

But how about that harmful blue light we're hearing so much about? While natural sunlight contains a small amount, our digital devices require larger amounts of blue light to illuminate our screens, and our eyes aren't built to block it.

What's more, studies cited by the American Optometric Association show that long-term exposure to blue light contributes to "age-related macular degeneration."

Scott Sorenson, president of Gunnars Optiks, a leading maker of computer glasses, believes his product provides protection against blue light through its tinted lenses — which reduce overall harshness.

"Blue light is the only light that goes through your cornea to the back of the retina," he says. "It's a brain stimulant. A natural cup of coffee. It tells your brain to stop producing melatonin and it's time to be awake." He adds, "This can be problematic when trying to get a restful night's sleep."

According to Sorenson, too much blue light contributes to a number of health problems, including diabetes, hormone issues and cataracts. "We filter out the bad blue light with our glasses," he says.

But Blecher has a different perspective. "If you don't have blue light, that messes up your circadian rhythm," he says. "You don't want to block out all the blue light. There are no easy answers to these issues."

But how about the eye strain itself? Sorenson says his company's glasses have a slight magnification. "They make your eyes think they're looking further away. This helps the eye exhaustion aspect," he says.

Desperate for relief, we decided to give the glasses a try. After two weeks of using them at the office, our eyes are much less fatigued at the end of the day. Not using them has become unthinkable. Do they completely eliminate eye strain? Definitely not. But they are helping minimize eye strain.

Dr. Blecher isn't convinced, however. When asked for his thoughts on our Gunnar Glasses, he says, "I tend to look at computer glasses skeptically. They're selling something. I'm not in the position to critique it."

He recommends using eye drops regularly and looking away from the computer screen every 15 minutes to combat digital eye strain.

For more information on Gunnar Optiks, visit: gunnars.com

Scott Sorenson, president of Gunnar Optiks **PROVIDED**

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Knicks continue to upgrade roster, but can they contend in East?

New York has added Courtney Lee, Joakim Noah and Derrick Rose to its starting five.

TONY WILLIAMS
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sports@metro.us

Knicks president Phil Jackson completed his starting five two days into the NBA free-agent frenzy when he inked shooting guard Courtney Lee on Saturday evening.

Three-fifths of the new starting lineup has come via free agency. And with that deftly accomplished, Jackson must now work on filling eight remaining slots so that the Knicks can field a complete roster that's formidable enough to compete in the revamped Eastern Conference.

What Jackson has done so far is connect on solid doubles, instead of swinging — and missing — for the fences. For all the enticing talk there was about a Kevin Durant (who never even scheduled a meeting), a Dwyane Wade (who was simply using the Knicks to drive up his asking price), or an Eric Gordon (who accepted a lucrative deal to join Mike D'Antoni in Houston), Jackson was able to block out such noise and stay the course.

Consistently hitting doubles with the likes of center Joakim Noah, point guard Derrick Rose and Lee, showed that Jackson's plan is starting to come to fruition. All the aforementioned are upgrades over what the Knicks fielded last season.

By landing their most recent asset in the 30-year-old Lee, the Knicks got a less-splashy name than Wade or Gordon for a discount. Wade is looking for upward of $20 million per season, and Gordon inked with the Rockets for four years and $53 million. Lee, who will be on his seventh team during his respected career, was enticed by a four-year/$48 million deal. Wade is a better player, but the Knicks would've had to move heaven and earth to free up the required cap space. And Gordon may also be considered a better player, but Lee has proven to be more durable. The sharp-shooting Gordon hasn't played more than 65 games since his rookie year, while Lee has missed just 40 games total during his entire career.

Sometimes just being accountable and available for your team is the real value. And Lee has provided just that, while the same can't be said for Gordon.

Next on the docket for Jackson is filling out the roster. And speaking of being accountable and available, backup point guard will be the most important of the openings, considering Rose's penchant for injury.

Depending on whether the Knicks can renounce some of their cap holds on their own free agents, New York could have around $3 million of cap space remaining. When they hit the cap (the new adjusted number is $94.143 million), they'll also have $2.8 million room in exception.

Jackson will have a decent pool of choices, which will include veterans like Randy Foye, Brandon Jennings, Greivis Vasquez, Jarrett Jack, Seth Curry, Aaron Brooks and Ramon Sessions, to name a few.

Courtney Lee will add even more scoring ability and veteran leadership to New York's roster. GETTY IMAGES

But reserve point guard is just the beginning, as the Knicks will have to decide on whether to re-sign restricted free-agent backups like forwards Lance Thomas and Derrick Williams, center Kevin Seraphin, and combo-guard Langston Galloway.

New York will have to make cost-effective decisions soon, which is why they've initially put cap holds on those holdovers. They'll be able to sign some once they hit the new cap ceiling, as a team is allowed to go over its salary cap to sign their own restricted free agents. But for someone like Williams, who may attract multiple suitors, the team may be best to renounce his rights, because they may not be able to afford his new pact anyway as they don't have his Bird rights.

Jackson said he's aware of their cap and roster situation, but feels he still has the flexibility to round out his squad and field a competitive team.

"We have people we are considering," he said from Orlando during Summer League action, while also acknowledging they're on a limited budget. "We are appealing to people's better interests that we're a team on the move. I think that helps. … We're always trying to squeeze something extra out of it."

NBA MVPs unite in Golden State

The Celtics rolled out the red carpet. The Thunder all but begged him to stay. But, following the tradition set forth by LeBron James in 2010, Kevin Durant — one of the three best basketball players on the planet — will chase a title with the Golden State Warriors. Durant announced his decision to sign a two-year, $54 million deal with a player option Monday morning. He'll join a star-studded lineup that includes Steph Curry, Klay Thompson and Draymond Green in 2016-17. GETTY IMAGES

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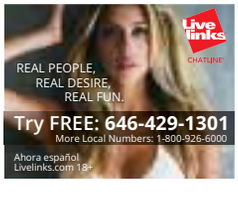

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NOTICE IS HEREBY GIVEN that a license, Number TBA, for Beer & Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 31 West 52nd Street, New York, NY 10019, for on- premises consumption. Sushiro W52 LLC.

NOTICE OF FORMATION of RF 285 MADISON PARTNERS LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on May 10, 2016. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 285 Madison Ave., New York, NY 10017. Purpose: any lawful activity.

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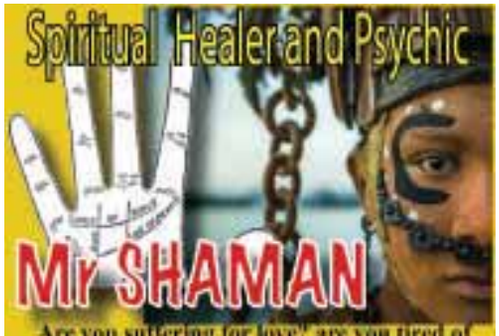

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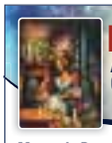

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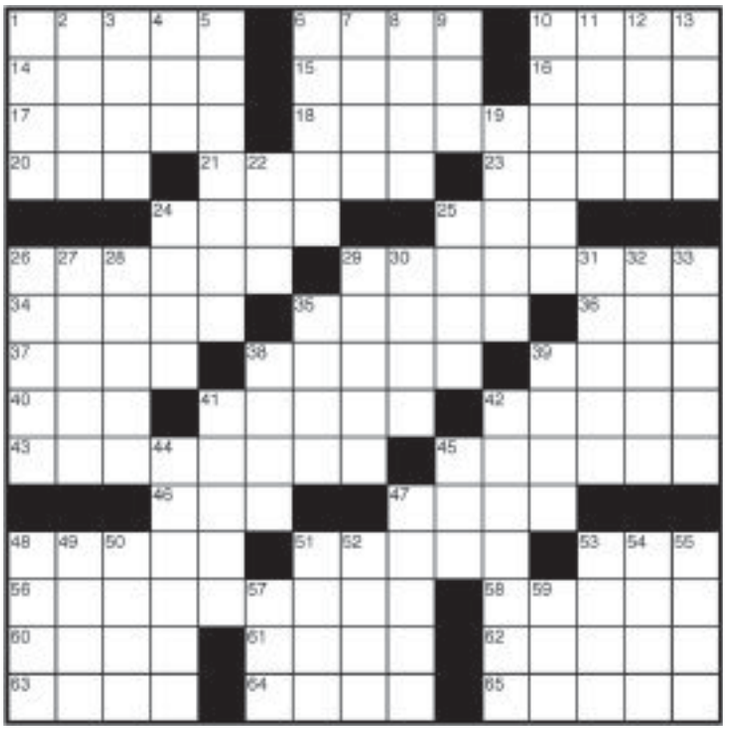

Across

1 Radiant
6 No way! (hyph.)
10 Put into words
14 Get a better look
15 Memo
16 Singer — James
17 Cygnus star
18 Unlike hatchlings
20 Dancer -- Charisse
21 Nylons shade
23 Japanese volcano
24 Unwanted plant
25 Victrola maker
26 Word on a door
29 Wake in the lake
34 What i.e. means (2 wds.)
35 Cheap magazines
36 Mr. Walton
37 Like folks in the pews
38 Tech talk
39 Eight, in Milan
40 Director — Lee
41 Soap plant
42 Bobby of "Dream Lover"
43 Assembly
45 South Seas wear
46 Hire out
47 Mountain passes
48 Obi-Wan's foe
51 Amusing
53 PD dispatch
56 Movie gladiator
58 Bury
60 Moo companion
61 By — of hard work
62 Piano-key wood
63 Boon companions
64 Sharp turns
65 Former Portuguese colony

Down

1 Heavy-metal band
2 Cloudy, in London
3 Make shore
4 1300 hours
5 Geese have two (2 wds.)
6 Hungry
7 Toolshed tools
8 Provo's state
9 All — up
10 Teeter-totter
11 Razor brand
12 Thing
13 Pop, to tot
19 Clears a trail
22 "— Miz"
24 Minn. neighbor
25 Sales slip (abbr.)
26 Fragrant shrub
27 Bell town
28 Stoop to
29 Call, as an elk
30 — vera lotion
31 Houston baseball player
32 Gown fabric
33 Some Thai immigrants
35 Ont. or Que.
38 Amo, amas, —
39 Rowboat need
41 Paying attention
42 Wasted time
44 Rings up sales
45 Our sun
47 Isn't free
48 Brandy bottle letters
49 Samoa's capital
50 Boone, informally
51 Ovid's 602
52 Tolled
53 Fermi split it
54 "La Bamba" co-star Elizabeth
55 — Mawr, Pa.
57 Wood-shaving tool
59 Knicks' org.

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easy

				3	5			4
8		4			1			7
	2	7	6				1	
	9		3					
	8		5		2		7	
					8		9	
	7				9	4	3	
6			8			9		1
5			4	1				

hard

4				3				
		2	9				3	5
			2	7				9
	4	8			3		6	
9		7				3		4
	6		4			8	1	
6				8	2			
8	3				9	2		
				4				1

metro.us/horoscopes

Aries Be very clear when discussing personal matters. You will be misinterpreted if you aren't careful, causing an unexpected change in the way someone treats you.

Taurus Do the things that make you happy. Traveling, visiting friends or relatives or hanging out with someone who brings out your best self will relieve stress and promote happiness.

Gemini You'll be held accountable if you do something questionable. Don't let anyone entice you to try something that could damage your reputation or cost you physically or financially.

Cancer Finish what you start. Having the discipline to follow through with your plans will open up a new opportunity to take on something that excites you. Romance is encouraged.

Leo Problems that surface at home are best dealt with quickly. Money matters are likely to be behind any turmoil you face. An unusual method to lower your costs will prove useful.

Virgo Your intentions are good, and the chance to make a difference will pay off in a big way. Reuniting with someone from your past will turn out to be beneficial.

Libra Don't make a fuss, or you will be criticized or blamed for interfering. Focus on what you can do to make personal gains. A partnership you are involved with needs an adjustment.

Scorpio Gaining experience through travel, educational pursuits, retreats or exploration will encourage you to try something novel. A new beginning will lead to something special.

Sagittarius You may want to help everyone around you, but don't let anyone take advantage of you. Your generosity and willingness to aid others will lead to disappointment

Capricorn Your efforts will not go unnoticed. It's time to bring about changes that will improve an important relationship. Size up what needs to be done and hop to it.

Aquarius If you make personal changes, people will be encouraged to treat you differently. Spend less time helping others get ahead and spend more time on your own advancement.

Pisces Refuse to let the demands of others slow you down or ruin your plans. Put a strategy in place that will ensure you get to do the things that excite you most. **EUGENIA LAST**

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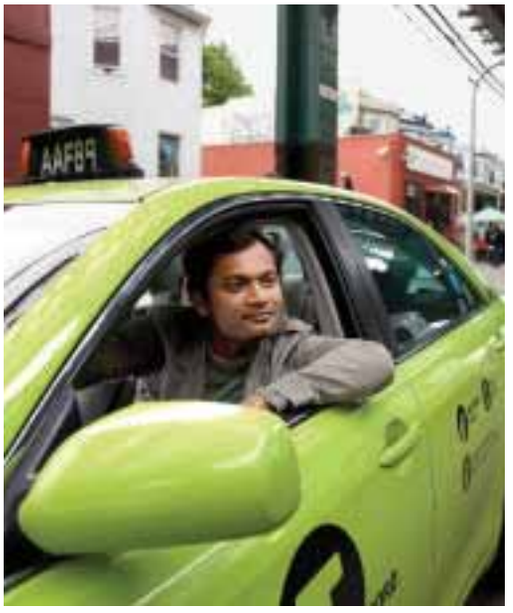

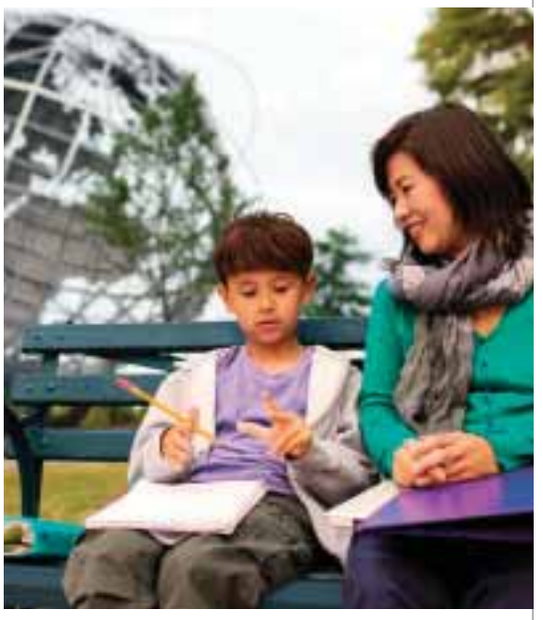

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